



List of Sources

Adult Day Care Centers – Oakland County

Abbey Park at Mill River – 28413 Abbey Lane, New Hudson – 248-437-6550

Bloomfield Township Adult Day Care Service – 4315 Andover Road – 248-335-2813

Dorothy & Peter Brown Adult Day Care Program – 29699 Southfield – 248-233-4000

Dorothy & Peter Brown Adult Day Care Program – 6720 W, Maple, W. Bloomfield – 248-661-6390

Auto Injury Case Management – at no cost to you Careforward – 248-443-8900 careforward.com

Chronic Illness Coalition – 800-905-8862 – www.cicmich.org – Improving the quality of life of persons afflicted by chronic illness.

Disability Network of Oakland & Macomb – 800-284-2457 - can help disabled under 60.

Elder Care Law

Gary Allen – 248-470-1198 www.allenelderlaw.com

Barron, Rosenberg, Mayoras & Mayoras, P.C. The Center for Elder Law, 1301 W. Long Lake Road, Suite 340, Troy, Michigan 48098 248-641-7070 www.thecenterforelderlaw.com www.brmmlaw.com

Jim Schuster – 248-356-3500 – www.jimschuster.com Medicaid planning; asset sheltering; net worth valuation

Estate Advisors

Mature Advisors – Estate Planning – 800-969-7274 – matureadvisor.com

Hospice Care

Arbor Hospice – 800-997-9266 – www.arborhospice.org -

Compassionate Care Hospice – 888-983-9050 – www.compassionate-care.com Hospice, social work, spiritual counseling, bereavement support

Lake Area Pet & People Care – Peace of mind while you are away 248-681-3875 – lakeareapetandpeople.com

Long Term Care Insurance – ***McMahon and Associates*** 248-844-9787 – LTCINSUSA@aolcom

Medical Care Services

ASK Health Care Services – 248-355-1980 – www.askhealthcare.com Medical Personnel
Bedside Manners Home Care – 734-955-2767 – www.mybedsidemd.com – Visiting doctors

Recreational & Fitness Services

JCC/Jewish Community Center - Swimming/exercise/weight room, Massage therapist/fitness classes, Whirlpool/steamroom/music festivals, Intellectual & Social Environment - Oak Park - 248.432.5605 membership info - West Bloomfield -248.432.5496 www.jccdet.org

Resources for Senior Housing and Services

Alternatives for Seniors – Resource for Senior Housing & Services – 888-533-4636
www.AlternativesForSeniors.com

Area Agency on Aging 1B – Oakland, Livingston, Macomb, Monroe, St. Clair & Washtenaw counties – 800-852-7795 or 248-357-2255 -

Jewish Family Services – 248-592-2322, Program Director Home Care Services – Offer help with respite care, transportation, meals on wheel, care management.

New Lifestyles – A publication to find senior housing and care options as well as senior products and services – 800-869-9549 – newlifestyles.com

OSHA - 248-209-2671 – Offer home care, special services (mow lawns, shovel snow), help with equipment installation, help with Medicare & Medicaid applications, have list of resources with the county.

Reverse Mortgage Advisors

810-623-1499 – reversemortgageadvisors.net

Senior Centers

BASCC – 2121 Midvale St., Birmingham, 48009-1509 – 248-203-5270

Bloomfield Township Senior Services, 4315 Andover Road, 278-723-3500

Farmington Hills – Costick Center – 28600 Eleven Mile Road – 248-473-1830

Livonia Civic Park Senior Center - 15218 Farmington Road, 734-466-2555

Novi Senior Center, 25075 Meadowbrook Road, 248-347-0414

Southfield Adult Recreation Center 50+ - 24350 Civic Center Drive, Southfield – 248-796-4650

Senior Services

CarePathway – Provides seniors & their families access to quality information, products, and services - 877-521-9987 - carepathways.com

Citizens for Better Care – 800-833-9548 www.cbcmi.org Non-profit advocacy agency for residents of nursing homes, adult foster care homes, assisted living and homes for the aged located in Michigan.

Cruz Hearing – 248-474-8161 – www.cruzhearing.com – Hearing aids, assisted listening devices, batteries, custom ear molds – house calls available on request.

Oakland County Michigan – oakgov.com Under Senior Services you will also find **Michigan Services to the Aging** who offer sources of nursing homes, home care agencies, dial-a-ride providers and meals on wheels help.

Optimal Care Inc. – Comprehensive Home Health care specializing in geriatric, behavioral health & dementia care. – 800-656-8188 – optimalcareinc.com

Medicare – local Social Security office – 800-772-1213 – www.ssa.gov
For guide “Medicare & You” – 800-633-4227 – medicare.gov

Simplify It, LLC – Professional organization of home and business
248-417-4312 – Theresa@SimplifyItLLC.com

Support Groups

Alzheimer’s Association –

Trillium Home Care has a group for men that meet the 3rd Tuesday at 10:00 a.m.
Call 800-272-3900 for a support group near you.

Veterans Services

Department of Veterans Affairs – 800-827-1000

Beneficiaries in receipt of Pension Benefits – 1-877-294-6380

Health Care Benefits – 1-877-222-8387

Ned H. Hoff CLTC Assistance in finding Pension benefits –810-459-7624 nedhoff@hotmail.com
Helps with information in finding pension benefits – no fee.

Oakland County Veterans’ Services Division - Assistance in applying for benefits –
248-858-0785 – oakgov.com/veterans Krista Gaberty, Benefits Counselor

National Veterans Legal Advisor – advocates to help veterans obtain VA benefits – nvlsp.org

Pontiac Federal Veterans Center Counseling Office – 248-874-1015

Troy Federal Veterans Services – 248-655-1250

Trillium HomeCare is providing this list for your convenience. We receive no financial gain from any of the sources listed above and take no responsibility for the services they provide.

Trillium HomeCare – Compassionate Care in the comfort of your home.

Personal Care, Household Care, 24 hour Emergency Response System, Personal Comfort & Care
Telephone Calls – 248-539-0714 – trilliumhomecare.com