

Trillium

June



Trumpet

2011

32910 West 13 Mile Road Suite E503 Office 248-539-0714
 Farmington Hills, MI 48334 Fax 248-529-4578
 Toll Free 1-877-864-4842

Thank You

Trillium HomeCare has provided services to our area for over eight years. It has been our pleasure to offer quality home care to our clients. I thank you for your continued support.



We are always looking for ways to improve. I welcome your comments and suggestions. How are we doing? How can we improve? We take our commitment to our clients very seriously.

Do we conduct ourselves professionally? Do we treat others as they wish to be treated? Our team is our most important asset. Do we work well with you? We are committed to achieving excellence at every level.

We want to educate the community more fully about home care services and other long-term care alternatives. I am available to talk at churches, synagogues, and organizations where they would like to know more about their options. Please be aware that we offer a referral bonus to clients who refer a new client.

I look forward to hearing from you. Please call me directly at the office.



May Art Show Entries by Virginia – lovely doilies & cross stitch picture People's Choice Award Winner

FATHER'S DAY IS JUNE 19

June Birthday

Alexandra - June 2
 Whitney – June 2
 Amy – June 5



May Art Show Entry Theresa received the Excellence in Execution Award for her entries.

Events

STARS IN THE PARK

Heritage Park – June 23 – 7:00 pm
Farmington Community Band

ART ON THE PARK

A grand art fair in Downtown Farmington
 June 4 & 5

Art booths, live music, hands-on family activities & more.

COSTICK CENTER

Car Show

Saturday, June 8 - 11 am – 3 pm
 Cars, food, entertainment, door prizes

LONGACRE PORCH PARTY

Backyard Barbeque

Friday, June 17, 6-8 pm

FARMINGTON COMMUNITY LIBRARY

Award-winning Great Lakes Chorus of Sweet Adelines International

Friday, June 3 - 7 pm

Big Band Memories with Bill Hart

Saturday, June 25 – 2 pm

Exhibit – Harry Potter's World

May 29 – July 9

Renaissance Science, Magic, and Medicine – developed & produced by National Library of Medicine, National Institutes of Health.

LIVONIA CIVIC PARK

Annual Senior Center Festival

Wed. June 29 10-2 \$5

TRILLIUM TRUMPET
What a Retired Husband Does

After I retired, my wife insisted that I accompany her on her trips to Target. Unfortunately, like most men, I found shopping boring and preferred to get in and get out. Equally, unfortunate, my wife is like most women – she loves to browse. Yesterday my dear wife received the following letter from the local Target.

Dear Mrs. Blum:

Over the past six months, your husband has caused quite a commotion in our store. We cannot tolerate this behavior and have been forced to ban both of you from the store. Our complaints against your husband, Dr. Blum, are listed below and are documented by our video surveillance cameras.

1. June 15: Took 24 boxes of candy bars and randomly put them in other people's carts when they weren't looking.

2. July 2: Set all the alarm clocks in Housewares to go off at 5-minute intervals.

3. July 7: He made a trail of tomato juice on the floor leading to the women's restroom.

4. July 19: Walked up to an employee and told her in an official voice, "Code 3 in Housewares. Get on it right away." This caused the employee to leave her assigned station and receive a reprimand from her Supervisor that in turn resulted with a union grievance, causing management to lose time and costing the company money.

5. August 4: Went to the Service Desk and tried to put a bag of M&Ms on layaway.

6. August 14: Moved a "CAUTION WET FLOOR" sign to a carpeted area.

7. August 15: Set up a tent in the camping department and told the children shoppers he'd invite them in

June 2011

if they would bring pillows and blankets from the bedding department to which twenty children obliged.

8. August 23: When a clerk asked if they could help him, he began crying and screamed, "Why can't you people just leave me alone?" EMTs were called.

9. September 4: Looked right into the security camera and used it as a mirror while he picked his nose.

10. September 10: While handling guns in the hunting department, he asked the clerk where the antidepressants were.

11. October 3: Darted around the store suspiciously while loudly humming the "Mission Impossible" theme.

12. October 6: In the auto department, he practiced his "Madonna look" by using different sizes of funnels.

13. October 18: Hid in a clothing rack and when people browsed through, yelled "PICK ME! PICK ME!"

14. October 21: When an announcement came over the loud speaker, he assumed a fetal position and screamed "OH NO! IT'S THOSE VOICES AGAIN!"

And last, but not least:

15. October 23: Went into a fitting room, shut the door, waited awhile, then yelled very loudly, "Hey! There's no toilet paper in here." One of the clerks passed out.



Target

Page 2



***May Art Show Entries
Honorary Mention Award
to Lenore***

Attractive Wives

A man was in his usual place in the morning, sitting at the table, reading the paper after breakfast.

He came across an article about a beautiful actress who was about to marry a football player. The player was known primarily for his lack of IQ, common sense, and good looks.

He turned to his wife: "You know I'll never understand why the biggest, ugliest jerks always get the most attractive wives."

His wife replied, "Why thank you, dear!"

While Asleep

An American family took their first-grader on a car trip to Canada. To help pass the time, the boy practiced his new reading skills by calling out road signs. He fell asleep just before they entered Quebec.

When he awoke, he looked out his window at the highway signs - now in French - and said in a worried tone, "I think I forgot how to read while I was asleep."

Burned Biscuits*author unknown*

When I was a kid, my Mom liked to make breakfast food for dinner every now and then. And I remember one night in particular when she had made breakfast after a long, hard day at work. On that evening so long ago, my Mom placed a plate of eggs, sausage and extremely burned biscuits in front of my dad. I remember waiting to see if anyone noticed! Yet all my dad did was reach for his biscuit, smile at my Mom and ask me how my day was at school. I don't remember what I told him that night, but I do remember watching him smear butter and jelly on that biscuit and eat every bite!

When I got up from the table that evening, I remember hearing my Mom apologize to my dad for burning the biscuits. And, I'll never forget what he said: "Honey, I love burned biscuits."

Later that night, I went to kiss Daddy good night and I asked him if he really liked his biscuits burned. He wrapped me in his arms and said, "Your Momma put in a hard day at work today and she's real tired. And besides - a little burned biscuit never hurt anyone!"

Life is full of imperfect things and imperfect people. I'm not the best at hardly anything, and I forget birthdays and anniversaries just like everyone else. But what I've learned over the years is that learning to accept each other's faults - and choosing to celebrate each other's differences - is one of the most important keys to creating a healthy, growing, and lasting relationship.

The cure for boredom is curiosity. There is no cure for curiosity.

Husbands Are Husbands

A man was sitting reading his papers when his wife hit him round the head with a frying pan.

"What was that for?" the man asked.

The wife replied, "That was for the piece of paper with the name Jenny on it that I found in your pants pocket."

The man then said, "When I was at the races last week Jenny was the name of the horse I bet on."

The wife apologized and went on with the housework. Three days later the man is watching TV when his wife bashes him on the head with an even bigger frying pan, knocking him unconscious. Upon re-gaining consciousness the man asked why she had hit again. Wife replied, "Your horse phoned."



***May Art Show Entries
Honorary Mention Awards
to Amy & Laticia***

***Mama Bear to Papa Bear:
"Well... You might call it
hibernating -- I call it
'goofing off.'"***

Bee Stings

Bug bites are usually just an annoyance, but on occasion they can cause infection or allergic reaction that can become serious. Bees leave a stinger with a venom sac at the site of the sting. This should be removed as quickly as possible. The skin should then be washed with soap and water. Ice wrapped in a cloth applied to the area will help to reduce swelling as well as soothe the sting. Over the counter medications such as antihistamines may help the pain and itching. Seek immediate medical care if there is a large skin rash or quite a bit of swelling around the area of the sting. If the pain or swelling persists for more than three days, this is also a reason to seek medical care as there may be an infection. An allergic reaction to a sting can be life threatening. If any of the following symptoms occur after a sting, seek medical care immediately:

***Wheezing or difficulty breathing
Tightness in the throat or chest
Dizziness or fainting
Swelling of the lips, tongue or face
Nausea or vomiting***

Michigan State University Extension
Oakland County "Senior Health Line"
September 2010

Gentle Lessons of Life

A penny saved is obviously the result of a government oversight.

The real art of conversation is not only to say the right thing at the right time, but also to leave unsaid the wrong thing at the tempting moment.

The older you get, the tougher it is to lose weight, because by then your body and your fat have gotten to be really good friends.

Great Truths About Growing Old

- ❖ Growing up is mandatory; growing old is optional.
- ❖ Forget the health food. I need all the preservatives I can get.
- ❖ When you fall down, you wonder what else you can do while you're down there.
- ❖ You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.
- ❖ It's frustrating when you know all the answers but nobody bothers to ask you the questions.
- ❖ Time may be a great healer, but it's a lousy beautician.
- ❖ Wisdom comes with age, but sometimes age comes alone.

Computer Problems

Looking over the log book kept by the computer support staff at my office, I noticed several entries stating the problem was PICNIC.

I asked one of the technicians what PICNIC meant.

He laughed as he told me it meant "Problem In Chair, Not In Computer."



Great Truths That Little Children Have Learned

- ❖ When your Mom is mad at your Dad, don't let her brush your hair.
- ❖ If your sister hits you, don't hit her back. They always catch the second person.
- ❖ Never ask your 3-year old brother to hold a tomato.
- ❖ You can't trust dogs to watch your food.
- ❖ Don't sneeze when someone is cutting your hair.
- ❖ Never hold a Dust-Buster and a cat at the same time.
- ❖ You can't hide a piece of broccoli in a glass of milk.
- ❖ Don't wear polka-dot underwear under white shorts.
- ❖ The best place to be when you're sad is Grandpa's lap.



Coconut Water

The latest beverage craze is coconut water but is it really healthy or just hype? Claims have been made that the clear liquid found in the center of coconuts can prevent cancers, lower blood pressure and cholesterol, break up kidney stones, smooth facial wrinkles and cure a hangover. How much of this is really true?

In the case of cancer, there is no research based evidence that coconut water will prevent any cancer. There are some compounds in coconut water that have antioxidant properties, but these compounds are also found in other fruits and vegetables.

Research on coconut water's ability to lower cholesterol and blood pressure is very limited and it is too soon to make any real claims about this.

The most substantial research on coconut water is that it is able to rehydrate the body quickly after exercise. Coconut water is a good source of electrolytes, especially sodium and potassium which are lost through sweat during exercise. The effect of drinking coconut water after vigorous exercise is similar to consuming a sports drink.

A drawback of coconut water can be that it is high in sodium and if you have been advised to limit your sodium intake, beware.

A cup of coconut water contains 252 milligrams of sodium. This is actually more sodium than in a one ounce bag of potato chips.

If you enjoy the taste of coconut water, and are not watching your sodium intake, drink it. Keep in mind there is no one food that can cure all ills or prevent all diseases.

Michigan State University Extension
Oakland County "Senior Health Line"
September 2010